## Thomas Rogers, D. C.

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## Resolving Energetic Disharmonies

- 1. My nervous system is resolving all perturbation between morphic fields within and without and creating optimum resonance between them.
- 2. My nervous system is clearing and resolving all meridian excess energy, deficient energy and blockage at all times.
- 3. All meridians in my body are flowing perfectly, free of all excess energy, deficient energy and blockages.
- 4. My nervous system is clearing, resolving and/or replacing all negative energies at all times.
- 5. All my cells are communicating health to one another at all times through light, sound, electricity and chemistry.

## Praise and Gratitude

Praise and gratitude is essential for healing. We suggest that praise and gratitude outnumber complaint and blame by at least 4 to 1. Generally the best way to express praise and gratitude is to keep it short and put as much enthusiasm in it as possible. Praise and gratitude should be directed at both oneself and others.

Visualizations and Affirmations for Neuromodulation Technique Patients.

Say (silently or out loud) or write these to help you get well. While saying or writing these you can also feel and visualize them if you like. We may suggest certain ones based on what we are currently treating for you.